If you will be traveling for breaks during the 2021-22 academic year, start planning for travel-related COVID-19 requirements well before your travel dates. It is especially important to understand requirements and guidance specific to your airline and your destination, whether you will be traveling domestically or internationally.

**Q:** I’d like to proactively test before travel, but am not required to. Can I test with UVA BeSafe?

**A:** Yes. UVA BeSafe saliva testing is a great option if you are NOT required to have a test result for travel (i.e. driving, taking the bus or train, or most domestic flights in the U.S. if you are fully vaccinated). Visit UVA Be SAFE Testing Sites and Hours to plan for your saliva testing day and time. You will receive an email from Be SAFE with a link for negative and inconclusive results.

**Q:** I am required to have a test result before travel. How should I prepare?

**A:** Review the chart below. Depending on your destination, airlines may require a negative PCR test result within 72 hours of your flight. Requirements can be airline- and country-specific, so plan ahead. If you require an antibody or antigen test, you should schedule an appointment for these services in the community — CVS and Walgreens offer rapid antigen testing, and you can visit the VDH COVID-19 testing locations webpage to find more sites.

### TESTING REQUIREMENTS

- Depending on your destination, airlines may require a negative PCR test result within 72 hours of your flight. Requirements can be airline- and country-specific, so plan ahead. If you require an antibody or antigen test, you should schedule an appointment for these services in the community — CVS and Walgreens offer rapid antigen testing, and you can visit the VDH COVID-19 testing locations webpage to find more sites.
- If you are required to test for travel, you should use a commercial provider (provider list on second page). Please note, UVA Be SAFE is unable to offer travel testing outside of the normal saliva testing and test results for travel are NOT guaranteed. UVA Riverside offers asymptomatic testing Monday - Friday that can be scheduled up to a week ahead of time by phone. Lab turnaround for test results are 1-3 days after pick-up.
  - **The timing of your travel is important to consider.** Try to avoid traveling on a Sunday or Monday, as test results may not be available within 48-72 hours of your flight.
  - **Consider your return travel.** Review CDC Requirements for Return to the U.S. and plan for both testing and next steps if your test result comes back positive.
  - **Keep in mind that pre-travel COVID-19 testing is unlikely to be covered by insurance.**

### TIMING OF TESTING

- **IMPORTANT:** Try not to travel on a Sunday or Monday, as test results may not be available within 72 hours of your flight!

### LETTER OF RECOVERY

- If you have previously had COVID-19 and are required to provide a letter of recovery, contact Student Health and Wellness at (434) 982-3915 to set up an appointment as soon as possible. Appointments are available Monday - Friday. If your COVID-19 test was performed outside of UVA, you will need to upload the result to the HealthyHoos before your appointment. Please allow a minimum of 5 business days prior to your departure.

### PROOF OF VACCINATION

- If you need to provide proof of vaccination, you can download information that has been uploaded to HealthyHoos or provide the original documentation you received at the vaccination site. We recommend carrying both paper and electronic copies of your documentation. If you were vaccinated in Virginia, you can request proof of vaccination online through the Virginia Department of Health.

### DESTINATION REQUIREMENTS

- Review your destination's requirements. If you are traveling abroad:
  - Check the State Department website.
  - Check the destination country embassy.
  - Consider what the requirements will be for your return to the US. See the CDC travelers website.
  - Understand that guidelines are fluid and subject to change. Check regularly for updates.

### SAFETY CONSIDERATIONS

- Please be careful while traveling! Physically distance and wear your mask (even if vaccinated) so that you decrease exposure for yourself, loved ones, and others.
  - **Face Masks:** Review CDC guidance about wearing face masks when traveling by air or public transportation.

TO LEARN MORE: coronavirus.virginia.edu/departure-and-travel-guidance